

My life, my history, my growth, my ambitious to learn; Me, myself, and I

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I feel proud to have the opportunity of having different experiences from which I can learn. Learning is a process that I will go through along my life and the choices I make. However, learning can also mean learning by text or by others' experiences. I learn by situations at school such as presenting in front of the classroom, from talks with friends and by reading non-fiction.

I learn by required presentations that teachers have given to me to present. When I must present in front of the class, I always feel nervous, I must prepare myself from all the different emotions and those stares a hundred percent I would feel. For one presentation, I had to present about a social impact. I chose to research and deliver information about how parent's decisions affect children. I learned current information which I had never heard. I saw numbers known as data; it showed me percentages of how kids do not have a successful future because certain decisions parents have. This event stands out to me because it increases my knowledge about what is happening in my surroundings. It also helps to expand my vocabulary and the way things are on the outside. It improves my skills to inform my peers about the impact children are having. Aside from this, I get excited when I finish presenting because it gives me a sort of satisfaction to accomplish this task. I learned how to manage my emotions, and I must put myself outside of my comfort zone to grow. I put myself in a vulnerable position, however, I still do it and confront my fears. It lets me grow personally allowing me to complete more of my goals, which includes managing with myself and my emotions. Most of the time, I feel extremely nervous and in my daily life I tend to manage myself by breathing a couple of times and find a positive outcome from any situation. When I control my emotions, it lets me feel powerful and strong because I know that I am not giving up.

Another learning I experience is by reading diverse types of books or websites. I feel different feelings when I read, I have end up crying and laughing. I love to read romance fiction books and non-fiction books. I think reading has helped me to learn about other ethnicities, how other families are with each other, and how others go through diversity. Reading about a book named "A Long Walk to Water" by Linda Sue Park, taught me to be more empathic toward people in order countries and to learn more about their culture, opinions, and their problems. This book is about a kid surviving from scarcity. Most of the time, I tend to think we are going through a tuff time. However, if I really go in depth about different problems the world has, my problems will be diminished. This has made see things from a different point of view. To take the opportunities and advantages that I have because while I am capable of, there are others outside that do not have that option. Since I have read this book, I tend to appreciate the things that happen to me because they upskill my understanding about different things. Daily, I appreciate that I am healthy, and my loved ones are as well and those moments that I consider them bad, like me being mad with my mom, it happens for a reason and to bring me back to my values. I like to be thankful which makes me pray and thank God for giving me the life I have, and I tell my loved ones how much I love them.

My third way of learning is from my friends or people that are close to me. My group of friends are different based on their personalities. It is what makes us unique. They also have different beliefs because we all are from different countries. There was a time were discussing how we say a word in Spanish in our countries. One of my friends said in Venezuela, banana is called cambur. Another friend said that in Dominican Republic is called guineo while I said that in Spain, we called it platano. We were in shock at how multiples ways we can call one thing and start saying words we thought were common for us but for others it is not. It showed me the

diversity there is in the United States and how I should appreciate and expand the culture I see within my friends and my family. The impact it had on me was to create more consciousness about other countries and languages. Latinos might all talk Spanish, however, we have the unique way to call things, and it makes me proud of the ethnicity I have and the way it is part of my identity. I earn more consciousness of diversity when I go out to eat, I see several types of restaurants with unique food and different people with their own accent, their own way of expressing and talking.

These experiences and endeavors teach me about myself that I must persevere and learn new things because it will help me grow personally and academically. Growing personally and academically will prepare me for more challenges I would like to upfront in the future, because I notice that my mind is powerful. I enjoy learning by having to present in front of an audience, by talks with my friends about our culture and by reading about problems going around the world. It is great to have that urge to learn and know about things outside of the world. Gaining knowledge about distinct cultures and languages is helpful to expand my understanding because learning it is based on experiences in my daily life. The long-term impact from my experiences was to change my perspective about my life, I appreciate the things I have, and I am thankful for them. I also started learning about my culture to follow traditions and continue that ethnicity for more generations. At the end, the best way to live life is by learning.